



**THE HEART OF TEXAS AQUATICS TEAM
2008-2009 TEAM MEMBER CODE OF CONDUCT**

- 1. ALL PARTICIPATING HEART OF TEXAS AQUATICS TEAM (HEAT) MEMBERS WILL ABIDE BY THIS CODE OF CONDUCT.

GENERAL

- 2. THE *ILLEGAL* POSSESSION OR USE OF ALCOHOL, TOBACCO PRODUCTS, OR OTHER *UNPRESCRIBED* CONTROLLED SUBSTANCES OR *UNPRESCRIBED* USOC BANNED SUBSTANCES BY ANY ATHLETE IS PROHIBITED. FURTHERMORE, ANY HEAT TEAM MEMBER BEING OR SUSPECTED OF BEING IN THE PRESENCE OF OTHERS (REGARDLESS OF TEAM AFFILIATION) PARTAKING IN ANY OF THE ABOVE ACTIVITIES IS LIKEWISE PROHIBITED.
- 3. TEAM MEMBERS AND STAFF WILL REFRAIN FROM ANY ILLEGAL OR INAPPROPRIATE BEHAVIOR THAT WOULD DETRACT FROM A POSITIVE IMAGE OF THE HEART OF TEXAS AQUATICS TEAM, NORTH TEXAS SWIMMING LSC AND USA SWIMMING OR BE DETRIMENTAL TO ITS PERFORMANCE OBJECTIVES.
- 4. ANY DAMAGES TO TEAM PROPERTY OR THE PROPERTY OF OTHERS (INCLUDING OTHER TEAMS) ARE PROHIBITED AND WILL BE THE FINANCIAL RESPONSIBILITY OF THE SWIMMER DOING THE DAMAGE.
- 5. TEAM MEMBERS WILL DISPLAY THE UTMOST RESPECT AND SPORTSMANSHIP TOWARD COACHES, OFFICIALS, ADMINISTRATORS, FELLOW COMPETITORS AND THE PUBLIC.
- 6. TEAM MEMBERS WILL ALWAYS ARRIVE FOR ALL PRACTICES, MEETS AND TEAM FUNCTIONS ON TIME.
- 7. TEAM MEMBERS ARE EXPECTED TO PARTICIPATE IN ALL TEAM FUNCTIONS, FUNDRAISERS, ETC...IN ORDER TO SUPPORT THE TEAM AND PROMOTE TEAM UNITY WHENEVER POSSIBLE.

COMPETITION

- 8. SWIMMERS WILL WEAR AN APPROVED TEAM SWIMSUIT (OR APPROVED RACING SUIT) AND TEAM CAP (WHEN APPLICABLE) AT ALL SWIMMING AND DIVING COMPETITIONS.
- 9. SWIMMERS ARE EXPECTED TO MEET WITH THEIR COACH BEFORE AND AFTER EACH OF THEIR EVENTS.
- 10. IN PRELIM AND FINALS MEET, ALL SWIMMERS WHO QUALIFY TO COMPETE IN THE FINALS ARE EXPECTED TO PARTICIPATE IN THE FINALS, *UNLESS THE SWIMMER, IN CONSULTATION WITH A COACH, SCRATCHES FROM FINALS CONSISTENT WITH CURRENT SCRATCH PROCEDURES AND RULES.* ALL TEAM MEMBERS ARE STRONGLY ENCOURAGED TO RETURN TO THE FINALS SESSIONS WHEN POSSIBLE TO SUPPORT THE TEAM AND TAKE ADVANTAGE OF THE OPPORTUNITY TO LEARN FROM WATCHING THE FINALS.
- 11. SWIMMERS ARE EXPECTED TO SIT WITH THE TEAM AND PARTICIPATE IN ALL TEAM MEET ACTIVITIES AND TEAM MEETINGS.
- 12. TEAM MEMBERS AND PARENTS ARE EXPECTED TO DISPLAY PROPER RESPECT AND SPORTSMANSHIP TOWARD COACHES, OFFICIALS, MEET ADMINISTRATORS, AND FELLOW COMPETITORS.
- 13. AS A MATTER OF TEAM PRIDE AND COURTESY TO THE MEET HOST, TEAM MEMBERS ARE EXPECTED TO LEAVE THE HEAT TEAM AREA IN A NEAT AND CLEAN CONDITION AT THE CONCLUSION AT EACH SESSION OF THE MEET.
- 14. ALL QUESTIONS SWIMMERS OR PARENTS MAY HAVE CONCERNING MEET RESULTS, AN OFFICIATING CALL, OR THE CONDUCT OF A MEET, SHOULD BE REFERRED TO THE HEAT COACHING STAFF ONLY. OUR COACHES, IN TURN, WILL PURSUE THE MATTER THROUGH APPROPRIATE CHANNELS.
- 15. IT IS REQUIRED THAT TEAM MEMBERS CHECK WITH THE COACHES PRIOR TO LEAVING A MEET OR OTHER TEAM FUNCTION. SHOULD IT BECOME NECESSARY FOR A SWIMMER TO LEAVE A MEET EARLY, HIS/HER COACH MUST BE NOTIFIED. SWIMMERS MUST NOTIFY THE COACH IN ADVANCE OF THEIR TRANSPORTATION ARRANGEMENTS TO AND FROM MEETS.
- 16. IN ACCORDANCE WITH SWIMMING/DIVING RULES, SWIMMERS' PARENTS ARE EXPECTED TO REMAIN IN THE SPECTATOR AREA AND OFF THE IMMEDIATE COMPETITIVE DECK UNLESS THEY ARE WORKING THE MEET IN AN OFFICIAL CAPACITY.

VIOLATION OF THE CODE OF CONDUCT RULES

- 1. SWIMMER MAY BE SCRATCHED FROM A MEET.
- 2. SWIMMER MAY BE SENT HOME IMMEDIATELY FROM PRACTICE OR MEET (AT HIS/HER OWN EXPENSE, SHOULD THIS APPLY).
- 3. SWIMMER MAY BE SUSPENDED FROM THE TEAM UNTIL THE SWIMMER (AND POSSIBLY PARENT(S)) HAS HAD A CONFERENCE WITH THE HEAD COACH AND APPROPRIATE DISCIPLINARY ACTIONS HAVE BEEN IMPLEMENTED. THIS IS AUTOMATIC WITH VIOLATIONS OF GENERAL RULES 2, 3, 4 AND (IN CERTAIN CASES) 5.
- 4. SWIMMERS MAY HAVE THEIR MEMBERSHIP WITH THE HEART OF TEXAS AQUATICS TEAM TERMINATED.

IMPLEMENTATION

I, HERBY AGREE TO ABIDE BY THE RULES OF CONDUCT AS SET FORTH IN THE ABOVE DOCUMENT AND ACKNOWLEDGE THAT FAILURE TO DO SO, CAN RESULT IN MY BEING SUBJECT TO DISCIPLINARY ACTION (AND WILL CASES OF VIOLATION OF RULES 2, 3, 4 AND 5).

SWIMMER'S NAME (PLEASE PRINT)

SIGNATURE OF SWIMMER

DATE

SIGNATURE OF PARENT/GUARDIAN*

DATE

SIGNATURE OF PARENT/GUARDIAN*

DATE

* BOTH PARENTS/GUARDIANS, WHEN APPLICABLE, MUST SIGN THIS FORM.



**THE HEART OF TEXAS AQUATICS TEAM
2008-2009 PARENT / GUARDIAN CODE OF CONDUCT**

AS A PARENT / GUARDIAN OF A SWIMMER ON THE HEART OF TEXAS AQUATICS TEAM, I WILL ABIDE BY THE FOLLOWING GUIDELINES:

1. I WILL PRACTICE *TEAMWORK* WITH ALL PARENTS, SWIMMERS AND COACHES BY SUPPORTING THE VALUES OF *DISCIPLINE, LOYALTY, COMMITMENT AND HARD WORK*.
2. I WILL NOT COACH OR INSTRUCT THE TEAM OR ANY SWIMMER AT A PRACTICE OR MEETS (FROM THE STANDS OR ANY OTHER AREA) OR INTERFERE WITH COACHES ON THE POOL DECK.
3. I WILL DEMONSTRATE GOOD SPORTSMANSHIP BY CONDUCTING MYSELF IN A MANNER THAT EARNS THE RESPECT OF MY CHILD, OTHER SWIMMERS, PARENTS, OFFICIALS AND THE COACHES AT MEETS AND PRACTICES.
4. I WILL MAINTAIN SELF-CONTROL AT ALL TIMES. I WILL KNOW MY ROLE.

**SWIMMERS – SWIM
COACHES – COACH
OFFICIALS – OFFICIATE
PARENTS – PARENT**

5. AS A PARENT, I UNDERSTAND THAT CRITICIZING, NAME-CALLING, USE OF ABUSIVE LANGUAGE OR GESTURES DIRECTED TOWARD THE COACHES, OFFICIALS, OTHER PARENTS AND/OR ANY PARTICIPATING SWIMMER WILL NOT BE PERMITTED OR TOLERATED.
6. I WILL ENJOY INVOLVEMENT WITH THE HEART OF TEXAS AQUATICS TEAM BY SUPPORTING THE SWIMMERS, COACHES AND OTHER PARENTS WITH POSITIVE COMMUNICATION AND ACTIONS.
7. DURING COMPETITIONS, ANY QUESTIONS OR CONCERNS REGARDING DECISIONS MADE BY THE MEET OFFICIALS WILL BE DIRECTED TO A MEMBER OF OUR COACHING STAFF. PARENTS ADDRESS OFFICIALS VIA THE COACHING STAFF ONLY.

SANCTIONS: SHOULD I CONDUCT MYSELF IN SUCH A WAY THAT BRINGS DISCREDIT OR DISCORD TO THE HEART OF TEXAS AQUATICS TEAM, NORTH TEXAS SWIMMING LSC AND/OR USA SWIMMING, I VOLUNTARILY SUBJECT MYSELF TO DISCIPLINARY ACTION. THE HEART OF TEXAS AQUATICS TEAM MAINTAINS THE RIGHT TO TERMINATE ANY MEMBERSHIP WITH/WITHOUT CAUSE IN THE INTEREST OF OUR VISION, MISSION AND OBJECTIVES.

SIGNATURE OF PARENT / GUARDIAN*

DATE

SIGNATURE OF PARENT / GUARDIAN*

DATE

* BOTH PARENTS/GUARDIANS, WHEN APPLICABLE, MUST SIGN THIS FORM.